

(microscopic)

Keeping the Critters At Bay: Safer Sex Guide

Dark Odyssey strongly encourages everyone to talk about safer sex before playing, & to be aware of risks!
Condoms, dental dams, and nitrile gloves are available for DO attendees.



Fucking Activity	Fucking Risk*	Fuck Safer With...
Penis-Vagina	Chlamydia, Gonorrhea, Hepatitis, Herpes, HIV, HPV, Syphilis, Scabies, Public Lice, Trich	A condom or a female condom!
Ass-Penis	Chlamydia, Gonorrhea, Hepatitis, Herpes, HIV, HPV, Syphilis, Scabies, Public Lice	A condom or a female condom!
Mouth-Penis	Chlamydia, Gonorrhea, Hepatitis, Herpes, HPV, Syphilis, HIV	A condom for penises (try a flavored or non-lubed one!) A dental dam or female condom for vaginas.
Mouth-Vagina	Chlamydia, Gonorrhea, Hepatitis, Herpes, HPV, Syphilis, HIV, Intestinal Parasites, Dysentery	A dental dam (did you know you can make one out of plastic wrap from the kitchen?)
Mouth-Ass	Chlamydia, Gonorrhea, Hepatitis, Herpes, HPV, Syphilis	A latex, nitrile, or vinyl glove! -- change up your glove every time you touch a new person, & don't forget to put one on after touching yourself!
Fingering/ Fisting/Giving a Handjob -- Touching Junk, then Touching Another Person's Junk	Chlamydia, Gonorrhea, Hepatitis, Herpes, HPV, Syphilis	A condom or a female condom!
Sharing Sex Toys	Chlamydia, Gonorrhea, Hepatitis, Herpes, HIV, HPV, Syphilis, Scabies, Public Lice, Trich	Keep your undies on!
Rubbing Junk on Junk (humping without clothing)	HPV, Herpes, Syphilis, Scabies, Public Lice, Trich	Abstain -- or make sure partners use barriers for oral sex!
Kissing	Herpes, Gonorrhea	A latex, nitrile, or vinyl glove!
Blood-Sharing (needle play, blood play, cutting)	HIV, Hepatitis, Syphilis	None needed!
Jerking off, Watching porn, Reading erotica...	None!	None needed!

**This is intended as an overview & not an exhaustive list of all diseases!
Keep in mind, the most common STD is the common cold, so avoid the "event crud"
-- make sure you're sleeping, eating well, & drinking water!*

Wanna learn more?

www.PlannedParenthood.org
www.Sexuality.org

What's the big deal?

- (1) Some STDs can kill you! Some can keep you from having kids! And some can't be cured!
- (2) The longer you go untreated for an STD in your system, the more damage it can do.

Is there any good news?

- (1) Lots of STDs will go away completely with simple antibiotics.
- (2) Condoms, dental dams, and gloves are AWESOME at preventing STDs -- No glove, no love! There are also vaccines for Hepatitis & HPV widely available.
- (3) Getting an STD isn't the end of the world. Herpes (cold sores) & HPV Genital Warts, for example, are SUPER common (most sexually active people are exposed at some point), but NOT deadly.

When should I go to the doctor?

- (1) Get tested every 6-12 months if you engage in sexual activities with partners who you're not 100% sure are STD-free.
- (2) Signs you might have an STD: pain/burning when you pee/fuck, peeing frequently, itchy junk (vag, penis, anus), sores on mouth or junk, bumps on your junk, rash/swelling, discharge, nausea, abdominal pain, bleeding.
- (3) STDs don't show signs every time! Even if the signs go away, the disease could still be in your body! So, refer to #1 - get tested regularly!

